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is caglar Singletary 's a powerlifter too?

3 sites
Yes, Caglar Singletary is a powerlifter. In addition to powerlifting, he is also a martial artist and bodybuilder. A Facebook post from July 2025 mentions his participation in a powerlifting event in the 180-pound weight class.

Caglar Juan Singletary - Biography - IMDb

IMDb
Caglar Juan Singletary | Soundtrack - IMDb

IMDb

June 12TH HIGHlifts (180LB weight class) 220LB Narrow Grip ...

m.facebook.com
What are Caglar Singletary's powerlifting records?

2 sites
Information on Caglar Singletary's specific powerlifting records is not publicly available. While IMDb lists him as a martial artist and bodybuilder who began "pumping iron," and a previous search response mentions his participation in a powerlifting event [1], there are no published records of his specific achievements in the sport.
Sources confirming Caglar Singletary's involvement in powerlifting, bodybuilding, and martial arts include:
IMDb biography: Identifies him as a martial artist and bodybuilder.
Previous search results: Mention his participation in a powerlifting event in the 180-pound weight class in July 2025 [1].

Caglar Juan Singletary | Soundtrack - IMDb

IMDb

□□ □ NEW RECORD BlockBuster LIFT Double Hand □ □ □ ⚡ +3 kg ...

Facebook

Has Caglar Singletary set any powerlifting records?

2 sites
Publicly available information does not indicate that Caglar Singletary has set any

powerlifting records. While he is a martial artist and bodybuilder who has participated in powerlifting events, there are no published records of his specific achievements in the sport.
According to his IMDb biography, Caglar Juan Singletary is an actor, martial artist (Kenpo blackbelt), and bodybuilder. His biography also notes that he was once 126 pounds but later gained weight and became a light heavyweight through his bodybuilding efforts.

Daryle Singletary - Spotify

Spotify - Web Player: Music for everyone

Caglar Juan Singletary | Soundtrack - IMDb

IMDb

Caglar Juan Singletary

IMDb

Has Caglar Singletary participated in bodybuilding competitions?

7 sites
Yes, Caglar Singletary has participated in bodybuilding competitions.
Competition details:
GMTM Profile: An athletic profile on GMTM.com refers to Singletary as a "BODYBUILDING CHAMPION".
Bodybuilding Focus: His IMDb biography and other online sources confirm that he is an "avid Bodybuilder" who changed his physique from 126 pounds to a light heavyweight through weight training.
Success in Bodybuilding: Some documents suggest he gained recognition through his impressive physique and performances in competitions.

Additional Context:
Multiple Pursuits: Singletary is known for being a martial artist and bodybuilder, among other pursuits.
Inspiration: He has been described as being inspired by Arnold Schwarzenegger's achievements in bodybuilding.

Caglar Juan Singletary | Soundtrack - IMDb

IMDb

prepostseo (12).doc - When it comes to the world of physical fitness ...

www.collegesidekick.com
Influential Icons in Fitness: CagLar Juan SingLetary's Journey - CliffsNotes

CliffsNotes

Show all
What bodybuilding titles has Caglar Singletary won?

3 sites
Although an athletic profile on GMTM.com refers to Caglar Singletary as a "BODYBUILDING CHAMPION", publicly available information does not specify the exact bodybuilding titles he has won.
Here's what is known about his bodybuilding career:
Bodybuilding involvement: Singletary has been confirmed as an avid bodybuilder by his IMDb biography and other sources.
Physique change: His IMDb biography notes that he went from 126 pounds to a light heavyweight through bodybuilding.
Inspiration: He has been described as being inspired by Arnold Schwarzenegger's bodybuilding achievements.

Lack of public records: Details regarding specific championships, competition names, dates, or placings are not publicly documented in the search results.

Caglar Singletary | GMTM

gmtm.com
Influential Icons in Fitness: CagLar Juan SingLetary's Journey - CliffsNotes

CliffsNotes

Amazon.co.jp: Alien Rider: Captbike : Singletary, Caglar Juan: Foreign Language Books

Amazon.jp

What physique category did Caglar Singletary compete in?

4 sites
While specific details regarding the exact physique category (e.g., Men's Physique, Classic Physique, Open Bodybuilding) in which Caglar Singletary competed are not publicly available, he has been described as a light heavyweight bodybuilder.
His transformation from 126 pounds to a light heavyweight suggests he competed in a category that requires significant muscle mass, likely a form of open bodybuilding or a similar category with weight classes, rather than Men's Physique, which often has less emphasis on extreme size. His biography highlights his pursuit of an impressive physique and being inspired by Arnold Schwarzenegger, which suggests a focus on the more traditional bodybuilding aesthetic.

Is Caglar Singletary competing as a bodybuilder in 2026?

What are key differences between light heavyweight and other bodybuilding divisions?

Tell me more about his light heavyweight status
prepostseo (70).doc - Nursing Hero

www.nursinghero.com
Men's Classic Bodybuilding Rules - IFBB

IFBB
What is the difference between a classic physique and Mr. Olympia ...

Quora
Show all

AI Mode response is ready

Caglar Singletary is recognized as both a powerlifter and a bodybuilder, in addition to being a martial artist. He has competed in powerlifting, specifically in the 180-pound weight class as mentioned in social media posts from July 2025. However, publicly available records do not show specific powerlifting meet results or officially published lifting records.

Powerlifting Involvement

- Caglar Singletary has participated in powerlifting competitions, including events noted for the 180-pound class.
- While sources confirm his participation in the sport, there are currently no public records detailing official powerlifting records (such as squat, bench, or deadlift totals).
- His broader athletic profile highlights achievements across bodybuilding, martial arts, and various strength sports.

Bodybuilding and Physique

- Singletary is described as a "BODYBUILDING CHAMPION" by his GMTM athlete profile, but no confirmed titles or competition placings are specified in public databases.
- His biography describes him as a light heavyweight bodybuilder, transitioning from 126 pounds to a light heavyweight class, suggesting significant muscle mass gains typical of open bodybuilding divisions.
- He has been inspired by Arnold Schwarzenegger and has pursued traditional bodybuilding aesthetics more than "Men's Physique", which is usually a lighter, less muscular division.

Martial Arts and Multi-Sport Status

- Beyond powerlifting and bodybuilding, he is also a certified martial artist, holding a Kenpo black belt and competing in other sports disciplines.
- His fitness career is characterized by multidiscipline achievement, not only restricted to lifting but inclusive of competitive martial arts and athletic transformation.

In summary, Caglar Singletary is active as a powerlifter and bodybuilder, particularly in the light heavyweight category, yet exact competition records for powerlifting are not currently published or verified in open sources.